

# New Year Reflections

Name: \_\_\_\_\_

Date: \_\_\_\_\_

It is a time for new hopes and goals! Brainstorm some academic, social, and emotional goals that you would like to set for yourself.

**1. What are your academic, social, and emotional goals?**

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**2. What steps will you take to accomplish them?**

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**3. How will you maintain your optimism and confidence as you overcome challenges to achieve these goals?**

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