

Academic and Behavioral Outcomes

The **Fly Five curriculum** supports the development of academic and behavioral outcomes through the teaching of developmentally appropriate SEL skills. These SEL skills overarchingly develop a students' interpersonal and intrapersonal competence aligned to cooperation, assertiveness, responsibility, empathy, and self-control. With the continued teaching and practice of the C.A.R.E.S. competencies and standards, students can cultivate a growth mindset and demonstrate behaviors like self-discipline and self-awareness that will support students throughout their educational journey.

"Research shows that social and emotional learning not only improves student outcomes but positively impacts their behavior and academic achievement,"

(Aspen Institute, 2019).



C.A.R.E.S. Competencies and Standards Foster

Academic Outcomes

- Critical Thinking**
- Perseverance**
- Communication**
- Organization**
- Academic Risk-Taking**
- Growth Mindset**
- Time Management**

Behavioral Outcomes

- Prosocial Behavior**
- Emotional Regulation**
- Intrinsic Motivation**
- Self-Discipline**
- Empathy**
- Self-Awareness**
- Positive Classroom Community**

Explore our C.A.R.E.S. competencies and standards to learn more!



Research-Based Components to Support Academic and Behavioral Outcomes

Fly Five's comprehensive curriculum includes a number of instructional materials and tools that support students' behavioral growth and academic success. Review some of the highlighted curriculum components and features below.



Bully-Proof Lessons

Lessons that foster prosocial behavior in the classroom and combat bullying



Professional Development

Explicit guidance on integrating proactive discipline to support the development of students' self-control



The Mindful Student

Mindfulness strategies that support the ability to manage thoughts, feelings, and emotions



The Adventure Series

Read-aloud books provide relatable and realistic portrayals of students using SEL skills to navigate real-world problems



School-to-Home Connection

Engaging activities to extend social and emotional learning practice into students' homes and communities



Interactive Learning Structures

Active and collaborative learning activities incorporated into lessons that allow students to role-play and practice SEL skills

