

Gratitude Prompts

Name: _____

Date: _____

Make gratitude a part of your daily SEL routine with Fly Five!
These can be used as conversation starters or journaling prompts.

something you love
about yourself

someone in
your heart

a special place you
like to go

a friendship

your favorite
book

an activity
that you
enjoy

a mistake that you
learned from

your favorite
food

a time that
you tried
something new

something
beautiful
in nature

a pet or your
favorite animal

a learning tool
at school

something that
makes you laugh

your favorite
sound

something that
makes you smile

