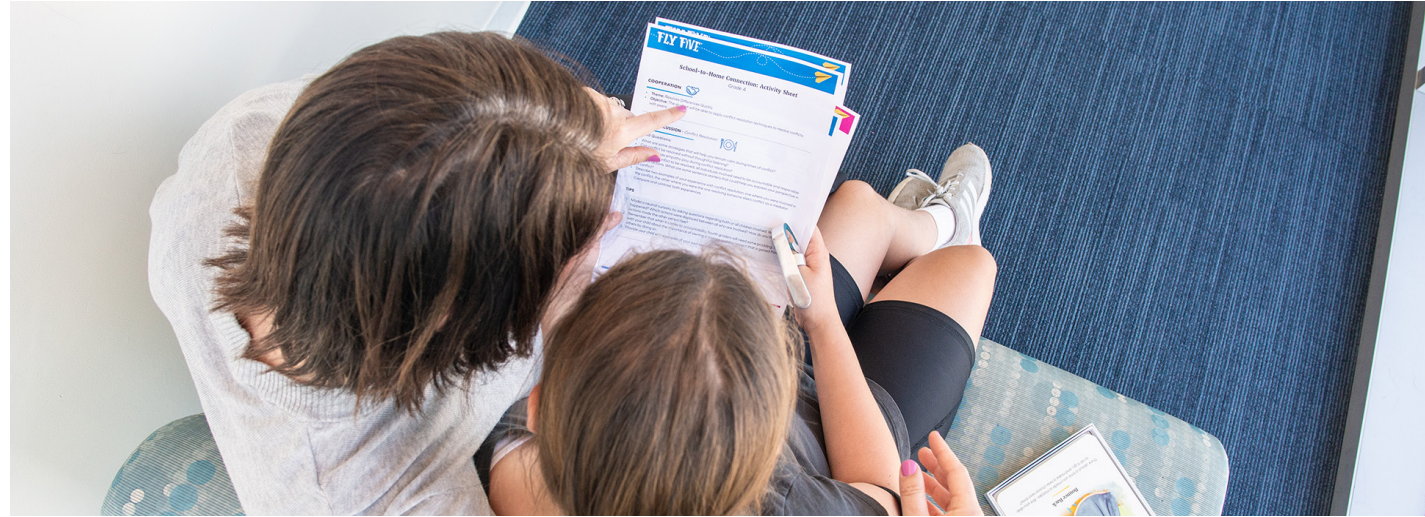


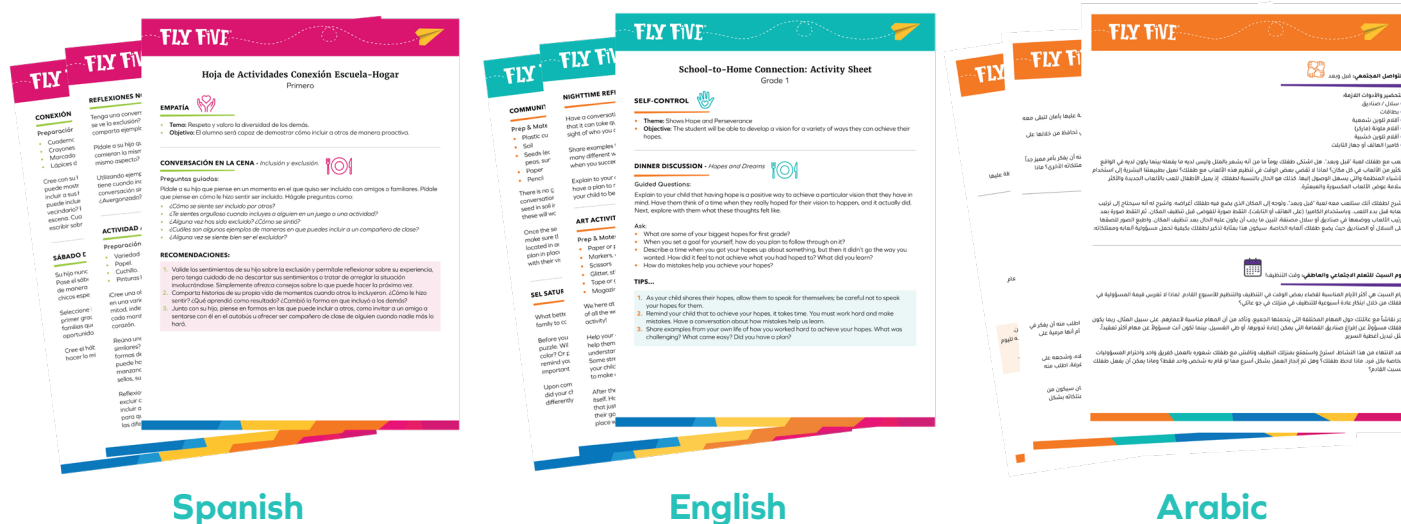
# What is the School-to-Home Toolkit?



The School-to-Home Toolkit connects parents and families to student learning and provides home-friendly opportunities for parents & caregivers to interact with their child to maximize their social and emotional learning and increase the opportunities for students to practice social and emotional skills beyond the school and classroom environment.

It is delivered in a newsletter format and provides easy to follow “recipes” for SEL activities that fit a wide variety of time schedules.

The newsletter provides parents with an overview of the standards, competency, and skills that are being taught in the unit.



# Why is the School-to-Home Toolkit Important?

The Fly Five School-to-Home Toolkit is a Protective Factor.

What is the difference between a risk factor and a protective factor?

- A risk factor is anything that increases the probability that a person will suffer harm.
- A protective factor is something that decreases the potential harmful effect of a risk factor.



The Center for Study of Social Policy identifies five protective factors; the fifth protective factor is family and child interactions that promote social and emotional learning.

- 1. Parental Resilience:** Managing stress and functioning well when faced with challenges, adversity and trauma.
- 2. Social Connections:** Positive relationships that provide emotional, informational, and spiritual support.
- 3. Knowledge of Parenting and Child Development:** Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.
- 4. Concrete Support in Times of Need:** Access to concrete support and services that address a family’s needs and help minimize stress caused by challenges.
- 5. Social and Emotional Competence of Children:** Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions and establish and maintain relationships.

# How Does the School-to-Home Toolkit Work?



## For the School-Home Relations

- Encourages parents and teachers to work together for the benefit of all students.
- Creates an easy to maintain, regular communication cycle between the teacher/school and the parent/caregiver.

## For the Teacher

- Convenient, can be sent directly from the teacher's Fly Five dashboard.
- No need for teachers to write an explanatory email, its included.
- Teachers will have the option of choosing to send the Home-to-School
- Toolkit in English and Spanish

## For the Family/Caregiver

- Permanent resource. The toolkit is emailed as a PDF and the parents get to keep it forever; so they can refer to it later.
- Provides information to help them understand the SEL content that students are learning in school
- Creates a common ground so the teacher can circle back to the toolkit for homework or projects or when in parent-teacher conferences.
- Flexibility to fit the parent/care givers time, schedule and interest.

There are five Home-to-School Toolkits for each grade level; one for each of the C.A.R.E.S. competencies. The Toolkit provides five types of activities with reading activities, questions, conversation starters, directions and everything that parents/care givers need to independently integrate social and emotional learning at home.

- Dinner Discussion:
- Nighttime Discussion:
- Art Activity: Calendar
- Community Connection: Choices, Choices, Choices!
- SEL Saturday: Saturday Brunch

The activities vary in time and depth of engagement. Parents can choose these activities based upon their context and time. Some activities can be completed in as few as 10 minutes, while having dinner, before bed, or even in the car. Others may take up to a full day if the parents decide to invest that amount of time.



# References



<https://youth.gov/youth-topics/juvenile-justice/risk-and-protective-factors>