





GRADE 8

 Cooperation		
Standards	Skills	Code
1. Able to make and keep friends.	10. Accepts constructive criticism from peers	C.1.10
2. Works with others toward a common goal.	14. Works with others on a shared goal even when one disagrees on other matters	C.2.14
3. Resolves differences quickly.	9. Willing to reach a compromise when conflicts arise with an individual 10. Willing to reach a compromise when conflicts arise within a group	C.3.9 C.3.10
4. Cooperates as a group leader or a member of the group.	17. Can problem-solve for oneself or others to move the group forward 18. Can be animated and passionate about a topic without disrupting the group's progress	C.4.17 C.4.18
5. Exhibits helpfulness.	10. Extends altruistic intentions to global or societal issues	C.5.10

 Assertiveness		
Standards	Skills	Code
1. Expresses strong emotions and opinions effectively.	9. Able to disagree with an adult logically, passionately, and respectfully	A.1.9
2. Able to seek help.	10. Seeks help with plans for the future	A.2.10
3. Shows openness and honesty.	11. Diplomatically shares ideas and opinions on controversial issues	A.3.11
4. Persists through challenging events.	13. Connects the idea of challenge to growth	A.4.13
5. Takes the initiative to do what is right, fair, and just.	14. Able to take the initiative to have a positive effect on societal inequalities	A.5.14
6. Makes choices one feels good about later.	11. Able to make choices that foster personal pride	A.6.11



Responsibility

Standards	Skills	Code
1. Selects the best option among choices for a suitable outcome.	11. Can resolve internal conflicts that come with making the best choice 12. Makes choices that reflect understanding of long-term consequences	R.1.11 R.1.12
2. Holds oneself accountable.	14. Honors words, commitments, and responsibilities even when doing so requires a personal sacrifice 15. Can apologize for harm done to others without justifying the harmful action	R.2.14 R.2.15
3. Demonstrates social, civic, and digital responsibility.	21. Can distinguish between posts that harm an online reputation and posts that do not 22. Refrains from responding online or in emails out of anger 23. Can participate constructively in dialogues on social justice issues 24. Understands the role of activism in changing social injustices	R.3.21 R.3.22 R.3.23 R.3.24
4. Takes care of property.	16. Takes care of property in school, out of school, and in the community	R.4.16



Empathy

Standards	Skills	Code
1. Recognizes and manages one's own emotions and recognizes the emotions of others.	11. Recognizes emotional triggers 12. Applies coping techniques to manage emotions	E.1.11 E.1.12
2. Respects and values diversity in others.	12. Recognizes that culture shapes personal perspective and identity	E.2.12
3. Respects differing cultural norms.	11. Able to maintain a positive personal identity despite positive and negative perceptions of one's culture(s)	E.3.11
4. Aware of the impact of one's actions on others.	16. Forgives and avoids holding grudges 17. Shows commitment to healthy friendships	E.4.16 E.4.17



Self-Control

Standards	Skills	Code
1. Adheres to social, behavioral, and moral standards.	10. Responds to surprise or change in a focused and interested manner 11. Is typically able to promptly bring behavior or social interactions in line with known standards	S.1.10 S.1.11
2. Manages overwhelming thoughts or emotions.	9. Can break the loop of obsessive thoughts before they lead to an undesirable emotional or behavioral outcome	S.2.9
3. Controls impulses and delays gratification.	12. Can typically use knowledge of oneself to prevent temptations, impulses, and urges from blocking achievement of a goal	S.3.12
4. Shows hope and perseverance.	17. Considers and selects alternative ways to succeed at a challenging task or activity 18. Uses strategies to maintain optimism and confidence in one's ability to achieve a goal in the face of barriers	S.4.17 S.4.18