





GRADE 6

 Cooperation		
Standards	Skills	Code
1. Able to make and keep friends.	8. Understands the ups and downs that come with maintaining a friendship	C.1.8
2. Works with others toward a common goal.	10. Motivated to do one's part when completing a group task	C.2.10
3. Resolves differences quickly.	7. Acts as a mediator to diffuse conflicts between peers	C.3.7
4. Cooperates as a group leader or a member of the group.	14. Knows how to use humor appropriately 15. Can seek help for oneself or others to move the group forward	C.4.14 C.4.15
5. Exhibits helpfulness.	7. Knows how much help to offer in a specific situation 8. Can communicate why there are limitations in offering help in a specific situation	C.5.7 C.5.8

 Assertiveness		
Standards	Skills	Code
1. Expresses strong emotions and opinions effectively.	7. Recognizes the need for and sets firm boundaries for oneself and others	A.1.7
2. Able to seek help.	8. Seeks help with matters important to one's overall well-being	A.2.8
3. Shows openness and honesty.	9. Can form an opinion while being open to the perspective of others	A.3.9
4. Persists through challenging events.	10. Resists labeling oneself as a failure because of past actions or opinions of others 11. Shows belief in one's abilities	A.4.10 A.4.11
5. Takes the initiative to do what is right, fair, and just.	10. Can understand how one's mistakes produce specific outcomes	A.5.10
6. Makes choices one feels good about later.	9. Able to connect specific behaviors to negative consequences	A.6.9



Responsibility

Standards	Skills	Code
1. Selects the best option among choices for a suitable outcome.	8. Aware of internal conflicts that occur when choosing from two desirable options 9. Can weigh pros and cons between immediate gratification and long-term consequences	R.1.8 R.1.9
2. Holds oneself accountable.	10. Recognizes a situation where one will not meet expectations and seeks to resolve it before it becomes a problem	R.2.10
3. Demonstrates social, civic, and digital responsibility.	13. Maintains and protects digital reputation 14. Recognizes that online activity creates a permanent digital footprint and reputation 15. Can connect rights and privileges to responsibilities	R.3.13 R.3.14 R.3.15
4. Takes care of property.	12. Recognizes when an area has been neglected and the causes of the neglect 13. Can describe a course of action to take if someone witnesses the damaging or stealing of property	R.4.12 R.4.13



Empathy

Standards	Skills	Code
1. Recognizes and manages one's own emotions and recognizes the emotions of others.	9. Manages strong emotions to avoid hurting oneself or others	E.1.9
2. Respects and values diversity in others.	8. Respects people who are different from what is typical and customary for oneself 9. Shows empathy while still holding people accountable for acceptable behaviors 10. Acknowledges that all people deserve respect, safety, and equal	E.2.8 E.2.9 E.2.10
3. Respects differing cultural norms.	7. Understands why an individual has a responsibility to honor their cultural norms 8. Understands why an individual can be at odds with their cultural norms	E.3.7 E.3.8
4. Aware of the impact of one's actions on others.	12. Shows appreciation for a kindness extended to oneself	E.4.12



Self-Control

Standards	Skills	Code
1. Adheres to social, behavioral, and moral standards.	7. Can determine when being successful in a specific situation requires a shift in behavior or social activity 8. Can determine what is right or wrong in a given situation and respond in the right manner	S.1.7 S.1.8
2. Manages overwhelming thoughts or emotions.	7. Can typically refocus negative feelings toward a positive purpose	S.2.7
3. Controls impulses and delays gratification.	8. Can use self-talk to build stamina for controlling impulses or waiting 9. Understands the connections between impulse control, resisting temptation and urges, and achieving a goal	S.3.8 S.3.9
4. Shows hope and perseverance.	11. Connects achieving a goal to one's personal efforts and abilities 12. Can visualize and explain a desired goal or end point 13. Knows if one's hopes or goals are to move toward a particular outcome or to move away from a less desirable outcome 14. Accepts guidance and support for successful pursuit of a goal	S.4.11 S.4.12 S.4.13 S.4.14