



GRADE 5



Cooperation

Standards	Skills	Code
1. Able to make and keep friends.	7. Able to identify the characteristics of healthy friendships	C.1.7
2. Works with others toward a common goal.	9. Able to identify ones strengths and how they connect to the group task	C.2.9
3. Resolves differences quickly.	6. Uses conflict resolution techniques to resolve problems that involves the whole class	C.3.6
4. Cooperates as a group leader or a member of the group.	13. Listens to understand rather than to respond	C.4.13
5. Exhibits helpfulness.	6. Helps others without expecting something in return	C.5.6



Assertiveness

Standards	Skills	Code
1. Expresses strong emotions and opinions effectively.	6. Able to get along with others even when one is disagreed with	A.1.6
2. Able to seek help.	7. Seeks help when unable to resolve conflict with peers	A.2.7
3. Shows openness and honesty.	7. Can explore how opinions are shaped 8. Can explore how opinions shape one's interactions with others	A.3.7 A.3.8
4. Persists through challenging events.	8. Does not quit after failing to meet a goal 9. Willing to put in effort to work through difficulties on one's own	A.4.8 A.4.9
5. Takes the initiative to do what is right, fair, and just.	8. Can advocate on behalf of oneself with peers or adults 9. Can advocate for others with peers or adults	A.5.8 A.5.9
6. Makes choices one feels good about later.	7. Makes decisions independent of peer influence 8. Chooses to use one's time in ways that will help achieve a goal	A.6.7 A.6.8



Responsibility

Standards	Skills	Code
1. Selects the best option among choices for a suitable outcome.	7. Recognizes and avoids situations that can harm oneself and others	R.1.7
2. Holds oneself accountable.	9. Understands what is required to fulfill one's responsibilities and commitments	R.2.9
3. Demonstrates social, civic, and digital responsibility.	12. Avoids spreading gossip or negative images online	R.3.12
4. Takes care of property.	11. Respects the rights of ownership; doesn't steal, trespass on, or damage other people's property	R.4.11



Empathy

Standards	Skills	Code
1. Recognizes and manages one's own emotions and recognizes the emotions of others.	8. Acknowledges that external conditions can impact emotions or behaviors	E.1.8
2. Respects and values diversity in others.	7. Recognizes that behaviors intended to hurt or shame others who are different can evoke feelings of disgust	E.2.7
3. Respects differing cultural norms.	6. Can see how belonging to more than one cultural group can cause internal conflict and tension	E.3.6
4. Aware of the impact of one's actions on others.	11. Extends efforts toward the needs of others for the greater good	E.4.11



Self-Control

Standards	Skills	Code
1. Adheres to social, behavioral, and moral standards.	6. Able to express anger in a way that maintains a successful trajectory	S.1.6
2. Manages overwhelming thoughts or emotions.	6. Puts in effort to calm or cheer oneself	S.2.6
3. Controls impulses and delays gratification.	7. Able to remove oneself from temptations that would derail one's success	S.3.7
4. Shows hope and perseverance.	9. Intentionally sets multiple hopes or goals that require effort to reach	S.4.9
	10. Can independently imagine pathways or tactics to achieve one's hopes or goals	S.4.10