



# GRADE 4



## Cooperation

Standards	Skills	Code
1. Able to make and keep friends.	5. Puts others first when appropriate 6. Disagrees without sulking	C.1.5 C.1.6
2. Works with others toward a common goal.	7. Displays sportsmanship in competition 8. Approach to competition is not detrimental to others	C.2.7 C.2.8
3. Resolves differences quickly.	5. Uses conflict resolution techniques to independently resolve conflict with peers	C.3.5
4. Cooperates as a group leader or a member of the group.	12. Effectively communicates with all members of the group	C.4.12
5. Exhibits helpfulness.	5. Sees the benefit to helping others outside the classroom	C.5.5



## Assertiveness

Standards	Skills	Code
1. Expresses strong emotions and opinions effectively.	5. Able to express oneself in difficult or stressful moments	A.1.5
2. Able to seek help.	6. Asks for help even if feeling embarrassed or ashamed	A.2.6
3. Shows openness and honesty.	6. Admits mistakes and missteps	A.3.6
4. Persists through challenging events.	6. Accepts failure as a part of learning 7. Does not quit after making a mistake	A.4.6 A.4.7
5. Takes the initiative to do what is right, fair, and just.	7. Tries different approaches when things don't go as expected	A.5.7
6. Makes choices one feels good about later.	6. Can recognize when decisions are negatively influencing peers or making them uncomfortable	A.6.6



## Responsibility

Standards	Skills	Code
1. Selects the best option among choices for a suitable outcome.	6. Makes choices demonstrating that safety is important for oneself and others	R.1.6
2. Holds oneself accountable.	8. Can apologize for harm done to others	R.2.8
3. Demonstrates social, civic, and digital responsibility.	9. Recognizes that cyberbullying can be as hurtful as in-person bullying 10. Understands that the digital world is real and that digital content cannot be erased 11. Cares about helping others	R.3.9 R.3.10 R.3.11
4. Takes care of property.	9. Can explain the expectations of community service agents (police, firefighters, etc.) to help protect property 10. Can explain that laws and rules are designed to protect property	R.4.9 R.4.10



## Empathy

Standards	Skills	Code
1. Recognizes and manages one's own emotions and recognizes the emotions of others.	6. Recognizes fear, trust, and mistrust in others through verbal and nonverbal cues 7. Names when one is feeling strong emotions such as outrage, grief, boredom, distraction, fear, or mistrust	E.1.6 E.1.7
2. Respects and values diversity in others.	6. Can see from and understand the perspective of someone who is different from oneself	E.2.6
3. Respects differing cultural norms.	5. Recognizes that differences in culture can create differences in verbal and nonverbal communication	E.3.5
4. Aware of the impact of one's actions on others.	9. Avoids activities such as gossiping that can hurt others 10. Can determine when one should report behavior such as bullying or safety threats that might harm others	E.4.9 E.4.10



## Self-Control

Standards	Skills	Code
1. Adheres to social, behavioral, and moral standards.	5. Able to distinguish between emotions of fear, mistrust, anger, and disgust created from the social environment and those created internally.	S.1.5
2. Manages overwhelming thoughts or emotions.	5. Can use strategies to prevent obsessive or habitual thoughts and feelings from derailing behavior	S.2.5
3. Controls impulses and delays gratification.	6. Can positively distract oneself in order to improve ability to wait for a desired thing	S.3.6
4. Shows hope and perseverance.	8. Connects belief in one's ability to achieve a hope or goal with one's intention to achieve it	S.4.8