





GRADE 1

 Cooperation		
Standards	Skills	Code
1. Able to make and keep friends.	2. Takes turns	C.1.2
2. Works with others toward a common goal.	2. Compromises to work together	C.2.2
3. Resolves differences quickly.	2. Accepts waiting one's turn	C.3.2
4. Cooperates as a group leader or a member of the group.	4. Understands that there is a purpose to roles within the group 5. Able to choose group members 6. Understands how group members contribute	C.4.4 C.4.5 C.4.6
5. Exhibits helpfulness.	2. Helps others with prompting and guidance	C.5.2

 Assertiveness		
Standards	Skills	Code
1. Expresses strong emotions and opinions effectively.	2. Can tell why one feels fear, anger, sadness, mistrust, and disgust	A.1.2
2. Able to seek help.	2. Can recognize situations when there is a need to ask for help	A.2.2
3. Shows openness and honesty.	2. Can explain reasons for one's actions 3. Gives an honest answer or opinion when asked	A.3.2 A.3.3
4. Persists through challenging events.	3. Speaks positively about oneself when faced with a challenge	A.4.3
5. Takes the initiative to do what is right, fair, and just.	4. Shows awareness of what's right and fair	A.5.4
6. Makes choices one feels good about later.	2. Able to say no to things with negative consequences	A.6.2



Responsibility

Standards	Skills	Code
1. Selects the best option among choices for a suitable outcome.	2. Accepts assigned responsibilities without sulking	R.1.2
2. Holds oneself accountable.	3. Can apologize, without prompting, when a mistake or poor decision has been made	R.2.3
3. Demonstrates social, civic, and digital responsibility.	4. Aware that an individual's actions can contribute to sustaining, improving, or diminishing the quality of life in the community	R.3.4
4. Takes care of property.	4. Routinely keeps track of personal items 5. Cares for and organizes personal belongings	R.4.4 R.4.5



Empathy

Standards	Skills	Code
1. Recognizes and manages one's own emotions and recognizes the emotions of others.	2. Can identify joy, sadness, and anger in oneself 3. Recognizes joy, sadness, and anger in others, through verbal and nonverbal cues	E.1.2 E.1.3
2. Respects and values diversity in others.	3. Proactively includes others who are similar to and different from oneself	E.2.3
3. Respects differing cultural norms.	2. Sees the importance of celebrations or cultural events for one's family or communities	E.3.2
4. Aware of the impact of one's actions on others.	3. Listens and waits one's turn to speak	E.4.3



Self-Control

Standards	Skills	Code
1. Adheres to social, behavioral, and moral standards.	2. Works to bring behavior or social interactions in line with known standards	S.1.2
2. Manages overwhelming thoughts or emotions.	2. Can recognize when a specific thought or feeling has become an earworm	S.2.2
3. Controls impulses and delays gratification.	3. Recognizes urges to behave in a silly, distracting, or socially unacceptable way	S.3.3
4. Shows hope and perseverance.	2. Identifies interesting and focused ways to develop endurance 3. Able to imagine ways to achieve one's hopes	S.4.2 S.4.3